

EXPLORE HEALTH & WELLNESS CRUISE

15–26 AUGUST 2026

Created especially for vibrant, health-conscious travellers aged 55+, this enriching journey along the Kimberley coast blends soft adventure with restorative wellbeing. Our Explore Health & Wellness Cruise invites you to reconnect with your body, breath, and sense of purpose — all in one of the world's most extraordinary natural landscapes.

This 11-night round-trip cruise from Broome to Naturalists Island is a showcase of the region's remote beauty: towering waterfalls, ancient rock art, hidden beaches, and captivating wildlife. Enjoy scenic flights for a spectacular aerial perspective of the Mitchell Falls, Horizontal Falls, and Montgomery Reef.

from
\$13,490
per person/ twin share

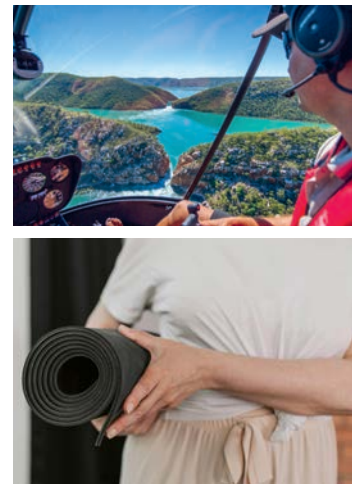


2026

WHAT'S INCLUDED:

- 11-night Kimberley cruise aboard Discovery One - reconnect with your body, breath, and sense of purpose — all in one of the world's most extraordinary natural landscapes.
- Scenic helicopter flight over Mitchell Falls
- Scenic light aircraft flight over the Kimberley Coast & Horizontal Falls
- All Health and Wellness sessions and treatments on board
- Premium cuisine & multiple daily excursions
- Transfer to and from accommodation in Broome

Explore Talbot Bay, Horizontal Falls, Raft Point, Ruby Falls, Montgomery Reef, Prince Regent River and King Cascade Falls. Visiting Aboriginal art sites, spotting wildlife and swimming in beautiful creeks and waterfalls are all part of our daily excursions.



Why Discovery One?

- Small group, big adventure – only 22 guests
- Bespoke cruise experience – personal, relaxed, and thoughtfully curated
- Sustainable elegance – low-impact travel with style and purpose
- 2–3 daily excursions – dive into the heart of the Kimberley
- 2 fast 150HP tenders – more exploring, less waiting
- 360° top deck – stunning views all day long as we travel close to shore
- 25m catamaran – smooth, spacious, superb & air-conditioned
- 25 years in the Kimberley – deep local knowledge and



DISCOVERY ONE
KIMBERLEY CRUISES

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discoveryone.com.au

Onboard, enjoy a thoughtfully designed daily program that includes:

- Mindfulness and breathwork to build calm, focus, and inner clarity
- Functional movement and balance practices to support lifelong strength and stability
- Yoga, Pilates and mobility work, tailored to suit all levels and support graceful ageing
- Nutrition sessions focused on energy, vitality, and healthy ageing
- Restorative treatments including massage, bodywork, and Reiki
- Private one-on-one sessions to explore personal goals or challenges with care, clarity, and intention

Whether you're stepping into wellness practices for the first time or simply taking time to replenish, this cruise offers a unique blend of connection, self-care, and exploration — all delivered in Discovery One's signature small-group, expert-led style.

Things to Note

- Traditional Owner Visitor Passes

All visitors must pay access fees (\$200–\$300 pp), which are added to your booking.

- Bar Service

Discovery One is a licensed vessel. Drinks are available at reasonable bar prices.

- Horizontal Falls Powerboat Ride

Optional add-on arranged onboard (~\$120 pp).

- Flexible Itinerary

Subject to tides, weather, and operational conditions.

- Cabin Comfort

All cabins are air-conditioned with pillow-top mattresses — no bunks.

- Window Cabin Upgrade

\$500 pp / \$1,000 per cabin



Read Reviews



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we are
feel good inc.

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