# 2026





...this enriching journey along the Kimberley coast blends soft adventure with restorative wellbeing.





# EXPLORE HEALTH & WELLNESS CRUISE

Broome to Broome
15–26 AUGUST 2026

Created especially for vibrant, health-conscious travellers aged 55+

Our Explore Health & Wellness
Cruise invites you to reconnect
with your body, breath, and sense
of purpose — all in one of the
world's most extraordinary natural
landscapes.

from \$13,490 per person/twin share This 11-night round-trip cruise from Broome to Naturalists Island is a showcase of the region's remote beauty: towering waterfalls, ancient rock art, hidden beaches, and captivating wildlife. Enjoy scenic flights for a spectacular aerial perspective of the Mitchell Falls, Horizontal Falls, and Montgomery Reef.

Explore Talbot Bay, Horizontal Falls, Raft Point, Ruby Falls, Montgomery Reef, Prince Regent River and King Cascade Falls. Visiting Aboriginal art sites, spotting wildlife and swimming in beautiful creeks and waterfalls are all part of our daily excursions.

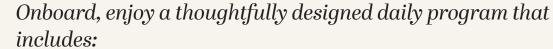
#### What's included:

- 11-night Kimberley cruise aboard Discovery One

   reconnect with your body, breath, and sense of
   purpose all in one of the world's most extraordinary
   natural landscapes.
- · Scenic helicopter flight over Mitchell Falls
- Scenic light aircraft flight over the Kimberley Coast & Horizontal Falls
- All Health and Wellness sessions and treatments on board
- · Premium cuisine & multiple daily excursions
- · Transfer to and from accommodation in Broome







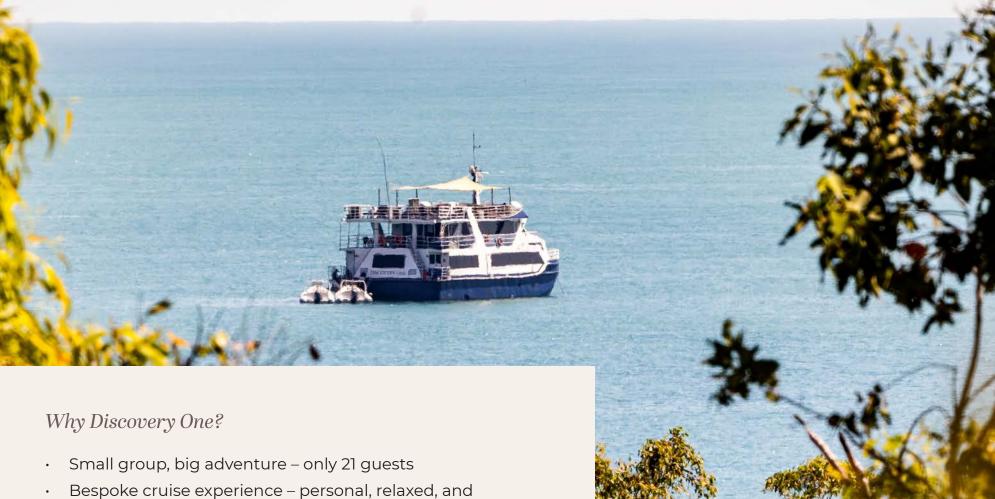
 Mindfulness and breathwork to build calm, focus, and inner clarity

EXPLORE HEALTH &

- Functional movement and balance practices to support lifelong strength and stability
- Yoga, Pilates and mobility work, tailored to suit all levels and support graceful ageing
- Nutrition sessions focused on energy, vitality, and healthy ageing
- · Restorative treatments including massage, bodywork, and Reiki
- Private one-on-one sessions to explore personal goals or challenges with care, clarity, and intention

Whether you're stepping into wellness practices for the first time or simply taking time to replenish, this cruise offers a unique blend of connection, self-care, and exploration — all delivered in Discovery One's signature small-group, expert-led style.

Our mission is to deliver unforgettable travel experiences that inspire and enrich. We are driven by a commitment to sustainability, a deep respect for people and the planet, and a passion for adventure. Our goal is to craft journeys that delight our guests while fostering positive change for the environment and the communities we explore.



- Bespoke cruise experience personal, relaxed, and thoughtfully curated
- Sustainable elegance low-impact travel with style and purpose
- · 2–3 daily excursions dive into the heart of the Kimberley
- · 2 fast 150HP tenders more exploring, less waiting
- 360° top deck stunning views all day long as we travel close to shore
- 25m catamaran smooth, spacious, superb & airconditioned
- 25 years in the Kimberley deep local knowledge and experience

## Things to Note

#### Traditional Owner Visitor Passes

 All visitors must pay access fees (\$200-\$300 pp), which are added to your booking.

#### **Bar Service**

Discovery One is a licensed vessel. Drinks are available at reasonable bar prices.

#### Horizontal Falls Powerboat Ride

· Optional add-on arranged onboard (~\$120 pp).

#### Flexible Itinerary

· Subject to tides, weather, and operational conditions.

#### Cabin Comfort

 All cabins are air-conditioned with pillow-top mattresses — no bunks.

#### Window Cabin Upgrade

• \$500 pp / \$1,000 per cabin.

#### Solo Travellers

 Discovery One has one solo cabin available on each cruise, which attracts a supplement. Alternatively there is an option to share with another solo traveller. Call us for more information.

### Proudly supported by:

















Secure your spot for the Explore Health & Wellness Cruise experience 2026.

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